

August 2012

# Telecare Corporation Forensic Programs

AB109

FACT

CORE

In-Custody and Post-Release Mental Health  
Services

Secure Residential Treatment

AB34/2034

[www.telecarecorp.com/AB109](http://www.telecarecorp.com/AB109)



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We exist to help people with mental impairments realize their full potential

## AB109

In 2011, Telecare partnered with four counties to provide mental health services to persons with serious mental illness under AB109 (Public Safety Realignment) Post Release Community Supervision (PRCS).

<b>Program Name</b>	<b>County</b>	<b>Persons Served</b>	<b>Date Established</b>	<b>Program Description</b>
AB109	Los Angeles	120	2011	Four tiers of service based on risk/needs assessment. Highest level of service uses Assertive Community Treatment (ACT) model (>1 service contact in the community per week). All tiers focus on early outreach and engagement, peer-led services, structured groups, and dual diagnosis services.
AB109 Step Down	Los Angeles	10	2011	Intensive mental health services (individual and group) provided daily on-site in Board & Care facilities.
AB109	San Diego	40	2011	ACT-level services with emphasis on appropriate community housing placement.
AB109	San Mateo	22	2011	
AB109	Ventura	64	2011	Two tiers of service based on risk/needs assessment. Higher level of services uses ACT model. Lower level of service focuses on structured psycho-educational/Cognitive Behavioral Therapy (CBT) groups.

In the first year of AB109 implementation, our experience has been that AB109 clients with mental health histories comprise a diverse population with greatly varying mental health

needs and other risk factors. Our programs have achieved several important process outcomes worthy of consideration in future program design, including:

- *Immediate engagement:* Telecare AB109 programs minimize barriers to entry by reaching out to potential clients at re-entry hubs and/or in the community immediately following referral.
- *Flexibility in program design:* Following principles of Risk-Need Responsivity (RNR), Telecare has evolved tiers of services in most of its AB109 programs to provide the type and level of services most needed by each client (in contrast with a “one size fits all” approach).
- *Integrated substance abuse services:* All or nearly all clients have had substance abuse histories. Telecare’s AB109 programs address substance abuse and mental health needs with one unified recovery model.
- *Expedited placement in housing and benefits assistance:* All or nearly all clients require assistance to address socioeconomic challenges such as income and housing. Telecare leverages relationships with housing providers to facilitate appropriate placement as soon as possible. Establishing eligibility for benefits, where applicable, is also a top priority.
- *Peer services* create credibility and foster the development of trusting relationships between clients and staff.
- *Structured groups and activities* provide opportunities for building problem-solving and choice-making skills, forging positive interpersonal relationships, and learning about healthy and productive ways to use free time.

At Telecare, we continue to refine our approach to forensic mental health services by reviewing our experiences in the field and securing additional expertise and training. In the coming year, we will be working to ensure that our programs reflect a combined emphasis on recovery- oriented mental health treatment and community justice evidence-based practices shown to address criminogenic needs and reduce recidivism.

## FACT

These programs provide ACT services specifically for members with serious mental illness and histories of criminal justice involvement. They frequently work in partnership with mental health courts or special Probation caseloads, and/or integrate a Probation Officer on the multidisciplinary team.

Program Name	County	Persons Served	Date Established
Evidence-Based Probation Supervision Program (EBPSP)	San Diego	20	2012
Whatever It Takes	Orange	100	2012
STEPS	Orange	25	2011
FACT	San Bernardino	50	2008

Telecare's FACT programs have achieved success in reducing the frequency and length of acute psychiatric hospital admissions; improving individuals' ability to function in the community; and reducing the frequency and length of incarcerations. The following chart shows outcomes for the 94 clients served by Telecare San Bernardino FACT from its inception in 2008 through May of 2012.

N=	94
At least one day incarcerated while enrolled	33%
No days incarcerated while enrolled	67%
Incarcerated days 12 months prior to enrollment	8,712
Incarcerated days while enrolled	1,948
<b>Reduction in incarcerated days =</b>	<b>78%</b>
Hospital days 12 months prior to enrollment	329
Hospital days while enrolled	144
<b>Reduction in hospitalized days =</b>	<b>56%</b>
Homeless days 12 months prior to enrollment	3,622
Homeless days while enrolled	298
<b>Reduction in homeless days=</b>	<b>92%</b>

## CORE

In 2009, Telecare partnered with the California Department of Corrections and Rehabilitation (CDCR) to implement CORE (Corrections Outreach Recovery Enhancement), community-based programs providing ACT-like services for mentally ill parolees in San Diego, San Bernardino, and Los Angeles Counties in order to address the problem of high recidivism rates among parolees with serious mental illness.

<b>Program Name</b>	<b>County</b>	<b>Persons Served</b>	<b>Date Established</b>
CORE	San Bernardino	50	2009
	San Diego	50	2009
	Los Angeles	100	2009

## In-Custody and Post-Release Mental Health Services

Telecare has provided in-custody mental health outpatient services as well as intensive mental health and wrap-around services for individuals transitioning out of prison/jail and back into the community.

<b>Program Name</b>	<b>County</b>	<b>Date Established</b>
Forensic Step Down	Los Angeles	2011
Jail Inpatient Psych Program	Alameda	2000*
Con Rep	Solano	1998*
MIOCRG	Alameda	2002*
MIOCRG	Solano	2001*

## Secure Residential Treatment

The Recovery Center at Woodburn is a Secure Residential Treatment facility that serves consumers under the jurisdiction of the Oregon Psychiatric Security Review Board (PSRB). All program residents come from the state hospital at Salem, and enter a unique and empowering learning environment built on a belief in recovery. The Recovery Center at Woodburn has provided the State with significant savings by delivering services and supports in a setting that is more therapeutic and less costly than the state hospital. A second Secure Residential Facility, the Deschutes Recovery Center, serves 8 PSRB clients and 8 civilly committed clients.

<b>Program Name</b>	<b>County</b>	<b>Date Established</b>
Recovery Center at Woodburn	Marion (OR)	2006
Deschutes Recovery Center	Deschutes (OR)	2010

## AB34/2034

Implemented in 1999-2000, AB34 and AB2034 model programs emphasized 24/7 availability, multi-disciplinary teams, and a comprehensive harm reduction approach to helping homeless clients with severe mental illness—including many with histories of incarceration—obtain and maintain housing. Telecare operated a total of seven AB2034 programs in California prior to the elimination of the AB2034 program. Four of these programs still operate today as ACT programs funded by MHSA.

<b>Program Name</b>	<b>County</b>	<b>Date Established</b>
AB34 & 2034	Stanislaus	1999
	San Mateo	2001
	San Diego	2000*
	Los Angeles (2)	1999
	Ventura	2001*
	Santa Barbara	2001*

\*Program discontinued/funding ended.